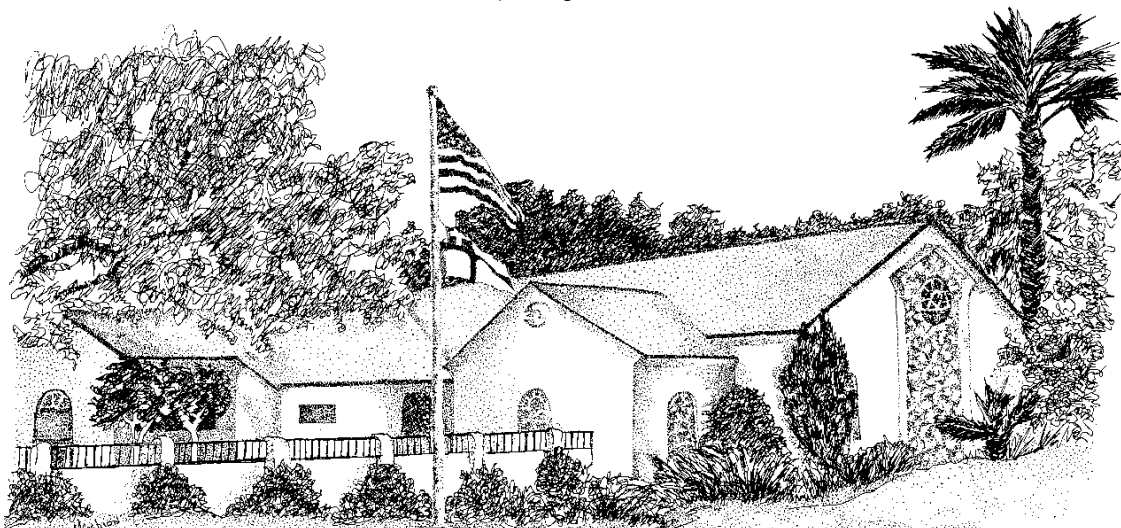




St. Alban's Anglican Cathedral

Fifth Sunday after Trinity

July 16, 2017



The drawing of St. Alban's Cathedral is the work of Marie Cashion, a member of the parish family.

Welcome!

We are delighted that you have chosen to worship with us at St. Alban's. We are blessed by your presence. In this booklet you will find the order of the liturgy. In worship, we use the American Book of Common Prayer, 1928 Edition which is found in the pews. The hymns listed here and on the hymn board in the front of the church are found in the Red Hymnals in your pew. Our Bible readings are provided in this bulletin and Bibles are in your pew if you prefer to look up the passages.

Nursery care is available directly across the courtyard in the middle classroom of our fellowship hall.

PRELUDE

Prelude from Sonata No. 1 in G minor—J.S. Bach
 Madeline Miller, violin

Processional Hymn (Stand)		Hymnal 484
Collect for Purity (Kneel)	Book of Common Prayer (BCP)*	67
Introit		
Summary of the Law		BCP 69
Kyrie eleison	BCP 70	Hymnal 710*
Collect for the Fifth Sunday after Trinity		BCP 195
Lesson: Isaiah 55:1-5, 10-13		Jarrett Brodrecht
Psalm 65:1-8	BCP 416	Insert
Epistle: Romans 8:9-17		
Gradual Hymn (sing full hymn before Gospel)		Hymnal 378^l
Holy Gospel: St. Matthew 13:1-9, 18-23		
Nicene Creed		BCP 71
Announcements/Special Blessings		
Sermon Hymn (Stand)		Hymnal 253
Sermon (Sit)	The Very Rev. Ralph F. Waterhouse	
Offertory Sentences (Stand)		
Offertory (Sit)		

Offertory Music

Presto from Sonata No. 1 in G minor—J.S. Bach

Presentation of Alms (Stand)	Hymnal 139
<i>8am: All things come of thee, O Lord, and of thine own have we given thee.</i>	

**Biddings: (Kneel) Pray Brethren ... (R) May the Lord receive this
 Sacrifice at thy hands to the praise and glory of His Name,
 both to our benefit and that of all His Holy Church. Amen.**

Prayer for the Church (Kneel)		BCP 74-75
Invitation & Confession		BCP 75
Absolution & Comfortable Words		BCP 76
Sursum Corda, Sanctus & Benedictus	BCP 76-77	Hymnal 734 & 797
Canon of the Mass		BCP 80-81
Lord's Prayer	BCP 82	Hymnal 722
Prayer of Humble Access		BCP 82
Agnus Dei		Hymnal 712
Ecce Agnus Dei: Behold the Lamb of God ...		

**(R) Lord, I am not worthy that Thou shouldst come under my roof,
 but speak the word only and my soul shall be healed. (3 times)**

*Book of Common Prayer can be found in Pew Racks
 Eucharist Booklet Service Music = **B**

Communion Music
Be Still My Soul—Katharina von Schlegel, J. Sibelius
Madeline Miller, soloist

Communion of the Faithful (Kneel)

Communion Hymn (Kneel) “*My Jesus, I Love Thee*”

Insert

Prayer of Thanksgiving

BCP 83

Gloria in excelsis (Stand)

BCP 84

Hymnal 713

Dismissal and Blessing (Kneel)

BCP 84

Recessional Hymn (Stand)

Hymnal 402

Please join us for coffee and conversation in Grundorf Fellowship Hall (across the courtyard) after Mass.

PRAYER LIST

PARISHIONERS—*Fr. Dane*, Sandy and Don, Randolph and Norma, Joyce M., Eric and Martha, Sidonie, June, Ginny M., Ed and Norma, Sue S., Joan W., Marcia, Sarah E. and child, Ivy, Geraldine, Cathy, Scott R., Dorrett, Vivienne., Vicki, James L., Gretchen, Sabrina, Una, Don K., Ray S., Jordan S., Dutchie, Larry and Mary, Andene, Libby, Linda T., Linda P., Stephanie, Bert, Nancy, Hunt, Eva B., Paul, Jackie and Carlton, Jessie, Mary Ann, Joseph, Marie W., Lance, Terry, Fr. Boyd, Gary G., Kathleen, Marilyn, Char, Anna, Marie C., Doris W., Karen, Barbara G., Olga, Virginia S., Ben, Jennie, Bill H., Robert, Doris B., Richard, Dione, Vilma and George, Sybil, Dale, McKenzie, Caroline, Savannah, Jordan.

FAMILY, FRIENDS & OTHERS—*Sheila and George, Judi and Angie, David, Jean, Steve, Lee*, Sarah L. and child, Jennifer, Denise and David, Jill and Peter, Rick, Sarah, Jenny and child, Anthony, Kathy, Caroline, Tyler, Catherine, Bill III & Maggie, Sonia, Michael, Maurice, Lorraine, Pat, Maureen, Barbara, Don, Omar, Rohan, Gil, Cecilia, Glynis, Elizabeth, Charles, John, Danielle, Christopher, Anna, Angela, Kef, John, Jennifer, Steve and Gina, Peter and Ellie, Susan, Janet.

TRAVEL—Bruce and Robbie, Dan and Katie, Ken and Sondra, Tom and Sonja, the Kevin Clark family, Bonnie, Hunt and Shirley, Kier, Sabrina, Gail, the Brodrecht family, Chuck and Phyllis, Joel and Martha, the McLean family, and Susan K.

ARMED FORCES—All those serving our country and especially those serving overseas: Michael and family in Korea; Sara, Sandra, and Scott in Afghanistan.

New additions this week in *italics*; Hospital/Rehabilitation Facility in **bold**.

PRAYER LIST REQUESTS—Please **renew** any continuing prayer requests for family and friends by the **first week of each month**. Requests not renewed on prayer lists will be removed.

Fifth Sunday after Trinity

Isaiah 55:1-5, 10-13

Thus says the Lord: “Come, everyone who thirsts, come to the waters; and he who has no money, come, buy and eat! Come, buy wine and milk without money and without price. Why do you spend your money for that which is not bread, and your labor for that which does not satisfy? Listen diligently to me, and eat what is good, and delight yourselves in rich food. Incline your ear, and come to me; hear, that your soul may live; and I will make with you an everlasting covenant, my steadfast, sure love for David. Behold, I made him a witness to the peoples, a leader and commander for the peoples. Behold, you shall call a nation that you do not know, and a nation that did not know you shall run to you, because of the Lord your God, and of the Holy One of Israel, for he has glorified you. For as the rain and the snow come down from heaven and do not return there but water the earth, making it bring forth and sprout, giving seed to the sower and bread to the eater, so shall my word be that goes out from my mouth; it shall not return to me empty, but it shall accomplish that which I purpose, and shall succeed in the thing for which I sent it. For you shall go out in joy and be led forth in peace; the mountains and the hills before you shall break forth into singing, and all the trees of the field shall clap their hands. Instead of the thorn shall come up the cypress; instead of the brier shall come up the myrtle; and it shall make a name for the Lord, an everlasting sign that shall not be cut off.”

Psalm 65:1-8

BCP 416

Romans 8:9-17

You, however, are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, although the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will also give life to your mortal bodies through his Spirit who dwells in you. So then, brothers, we are debtors, not to the flesh, to live according to the flesh. For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are sons of God. For you did not receive the spirit of slavery to fall back into fear, but you have received the Spirit of adoption as sons, by whom we cry, “Abba! Father!” The Spirit himself bears witness with our spirit that we are children of God, and if children, then heirs—heirs of God and fellow heirs with Christ, provided we suffer with him in order that we may also be glorified with him.

Matthew 13:1-9, 18-23

That same day Jesus went out of the house and sat beside the sea. And great crowds gathered about him, so that he got into a boat and sat down. And the whole crowd stood on the beach. And he told them many things in parables, saying: “A sower went out to sow. And as he sowed, some seeds fell along the path, and the birds came and devoured them. Other seeds fell on rocky ground, where they did not have much soil, and immediately they sprang up, since they had no depth of soil, but when the sun rose they were scorched. And since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and produced grain, some a hundredfold, some sixty, some thirty. He who has ears, let him hear. Hear then the parable of the sower: When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what has been sown in his heart. This is what was sown along the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy, yet he has no root in himself, but endures for a while, and when tribulation or persecution arises on account of the word, immediately he falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the deceitfulness of riches choke the word, and it proves unfruitful. As for what was sown on good soil, this is the one who hears the word and understands it. He indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty.”

ANNOUNCEMENTS

THE ALTAR FLOWERS are given to the glory of God; in thanksgiving for the third birthday of their daughter, Blair, by Billy and Caroline Wieland; and in thanksgiving for the birthday of their son, Rob, by Bill and Marilyn Hodgson.

WELCOME VISITORS—We welcome all our visitors this morning! Please join us in Grundorf Hall (across the courtyard) after Mass for coffee and fellowship. You are invited to complete a Welcome Card, located in the pew rack, and place it in the alms basin so we may contact you, if you would like.

ADULT FORUM—Adult Forum continues **today** in **Kimsey Hall Parish House**. We begin at **9:15 am sharp**. Fr. Ralph is teaching a series on the seven deadly sins and their seven remedial counterparts, virtues.

HONORING 99TH BIRTHDAY—Geraldine Bailey, a longtime St. Alban's member and mother of St. Alban's member, Yvonne Layton, will be celebrating her 99th birthday on July 21st. Since Geraldine is homebound, we would like to send her some heartfelt birthday cards. Please take a moment to sign the cards in the courtyard (or Grundorf Hall if inclement weather) **today** so we can mail them in time for her special day. Thanks so much.

QUARTERLY CONTRIBUTION STATEMENTS are now available. *Please save us a stamp and pick yours up today.* If you have questions after receiving your statement, you may email Teresa Burks, our financial secretary, at finsecpay@stalbansfl.com or call her at the office (Mondays and Thursdays) at 407-657-2376. Please note only envelope holders will automatically receive a statement of contributions for tax purposes.

SECOND SUNDAY BREAKFASTS—Over the past 8 years, as a parish family, we have gathered for “Second Sunday Breakfast” every month from September through May. Over the past couple seasons, there has been a significant waning of enthusiasm, both in attendance and folks willing to prepare meals. As Church life and activities evolve, keeping traditions for traditions' sake is unnecessary. Looking ahead toward this fall when many activities like this will resume, the question arises whether this tradition has lived out its purpose. In the courtyard this morning, there is a sign-up sheet for those who would like to ‘sponsor’ a month, meaning prepare food for roughly 100 of our church family. If you would like additional information before committing, please see Fr. Ralph! The level of interest will tell us whether or not these monthly gatherings should continue for at least another year.

KIDS OF HOPE BACK TO SCHOOL BASH—It seems like Summer just started but school will resume before we know it. To give folks plenty of time to hit school supply sales, the Kids of HOPE Back to School Bash is starting their school supply drive now. *To ensure sufficient quantities, each participating organization is asked to focus on an assigned category of items.* St. Alban's list is on the enclosed insert for easy take-home reference. Please be sure all donated items are new. A large red drop-off box is in the hallway of the Kimsey Hall Parish House. We will be collecting items **through Sunday, July 23rd.**

VOLUNTEER OPPORTUNITIES—This year's Kids of HOPE Back to School Bash will be August 5th. There will be many volunteer opportunities throughout the week prior to sort supplies, put size labels on clothing, and to help set up the event. Volunteer opportunities are posted on the www.hopehelps.org website.

HEALTHCARE SCHOLARSHIP—The Healthcare Scholarship is available again. If you, a family member or a friend has been accepted into a healthcare education program, you may be eligible for one of our Shirley Hines Memorial Scholarships. Go to the St. Alban's website (www.stalbansfl.com) and download the application and the directions for the scholarship. Start early in order to be sure you get all the required pieces in by the **deadline of Saturday, July 29th.**

GRACE 'N GRITS—The next date that St. Alban's volunteers will be serving the homeless at the **Sanford Civic Center** will be **Wed., August 2nd**, from **5pm-7pm**. The Sanford Civic Center is located at 401 E. Seminole Blvd., Sanford, 32771. Your service is greatly appreciated. For questions, please contact Fr. Boyd at (407) 610-6456 or frboyd@stalbansfl.com.

NEATNIKS HELP—Do you have a calling to help in the Church? If you have just two hours to give once a month (occasionally a little more) to help vacuum, dust, and straighten the pews in the church, please call Ginny Watts at 407-365-7967 (home) or 407-488-9258 (cell) or talk to Fr. Ralph. **All are welcome to volunteer... ladies, gentlemen and couples.**

FLOWER GUILD HELP—Our altar flowers are assembled by our Flower Guild and enhance the beauty of our church and worship. Our Flower Guild needs some more volunteers. No experience is necessary; our Guild will help you learn how to make beautiful arrangements. Please let Fr. Ralph know if you are interested.

Diocese of the Eastern United States

Vision: To be a community of faith expressing the life and communion of the holy Trinity in the historic Anglican tradition.

Mission: To bring people to Jesus Christ and to incorporate them into the community of faith through our historic Anglican tradition.

St. Alban's Anglican Cathedral

St. Alban's is the Cathedral Church of the Diocese of the Eastern United States of the Anglican Province of America. We are a part of the historic Holy Catholic Church, tracing our teaching and ministry to the Apostolic Church, and part of the worldwide Traditional Anglican movement.

CLERGY AND STAFF

The Most Rev. Walter H. Grundorf, D.D.,

Presiding Bishop & Rector Emeritus

The Very Rev. Ralph F. Waterhouse, *Dean*

The Rt. Rev. Clark H. Dorman, *Bishop in residence*

The Rev. David Keller, *Assisting Priest*

The Rev. Bartol F. Stone, *Assisting Priest*

The Rev. Mr. Jacob Boyd Baker, *Deacon, Outreach/Missions*

The Rev. Mr. Alton B. Witham, *Deacon-in-residence*

Sister Linda K. Burns, OSB, *Deaconess*

Mr. Michael J. Miller, *Organist & Choir Director*

Mrs. Wendy Miller, *Assistant Choir Director*

Mrs. Lisa Ulrich, *Cathedral Secretary*

Ms. Bonnie Stanich, RN, *Parish Nurse*

CHURCH VESTRY

Shearon Arnott, *Sr. Warden* Tom Conaughty

Ginny Watts, *Jr. Warden* Anyah Cook

Gary Grund, *Treasurer* Ron Hines

Katie Wilder, *Secretary* Lee Smith

Bonnie Stanich

STANDARD WEEKLY SERVICES AND EVENTS

SUNDAY

8:00 am Holy Eucharist

9:15 am Sunday School

9:15 am Adult Forum

10:15 am Holy Eucharist (Sung)

Nursery available at 10:15 am service

6:00 pm Youth Group *(on hiatus for summer)*

TUESDAY

9:00 am Women's Bible Study

nursery provided

(on hiatus for summer)

WEDNESDAY

6:00 pm Holy Eucharist

nursery provided

THURSDAY

10:30 am Women's Bible Study

(on hiatus for summer)

12 Noon Mass

(on hiatus for summer)

Parish Nurse Hours By Appointment

St. Alban's Anglican Cathedral

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