

## Diocese of the Eastern United States

**Vision:** To be a community of faith expressing the life and communion of the holy Trinity in the historic Anglican tradition.

**Mission:** To bring people to Jesus Christ and to incorporate them into the community of faith through our historic Anglican tradition.

### St. Alban's Anglican Cathedral

St. Alban's is the Cathedral Church of the Diocese of the Eastern United States of the Anglican Province of America. We are a part of the historic Holy Catholic Church, tracing our teaching and ministry to the Apostolic Church, and part of the worldwide Traditional Anglican movement.

#### CLERGY AND STAFF

The Most Rev. Walter H. Grundorf, D.D.,  
*Presiding Bishop & Rector Emeritus*

The Very Rev. Ralph F. Waterhouse, *Dean*

The Rt. Rev. Clark H. Dorman, *Bishop in residence*

The Rev. David Keller, *Assisting Priest*

The Rev. Bartol F. Stone, *Assisting Priest*

The Rev. Mr. Jacob Boyd Baker, *Deacon, Outreach/Missions*

The Rev. Mr. Alton B. Witham, *Deacon-in-residence*

Sister Linda K. Burns, OSB, *Deaconess*

Mr. Michael J. Miller, *Organist & Choir Director*

Mrs. Wendy Miller, *Assistant Choir Director*

Mrs. Lisa Ulrich, *Cathedral Secretary*

Ms. Bonnie Stanich, RN, *Parish Nurse*

#### CHURCH VESTRY

Shearon Arnott, *Sr. Warden* Tom Conaughty

Ginny Watts, *Jr. Warden* Anyah Cook

Gary Grund, *Treasurer* Ron Hines

Katie Wilder, *Secretary* Lee Smith

Bonnie Stanich

#### STANDARD WEEKLY SERVICES AND EVENTS

##### SUNDAY

8:00 am Holy Eucharist

9:15 am Sunday School

9:15 am Adult Forum

10:15 am Holy Eucharist (Sung)

*Nursery available at 10:15 am service*

6:00 pm Youth Group *(on hiatus for summer)*

##### TUESDAY

9:00 am Women's Bible Study

*nursery provided*

*(on hiatus for summer)*

##### WEDNESDAY

6:00 pm Holy Eucharist

*nursery provided*

##### THURSDAY

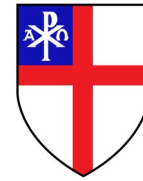
10:30 am Women's Bible Study

*(on hiatus for summer)*

12 Noon Mass

*(on hiatus for summer)*

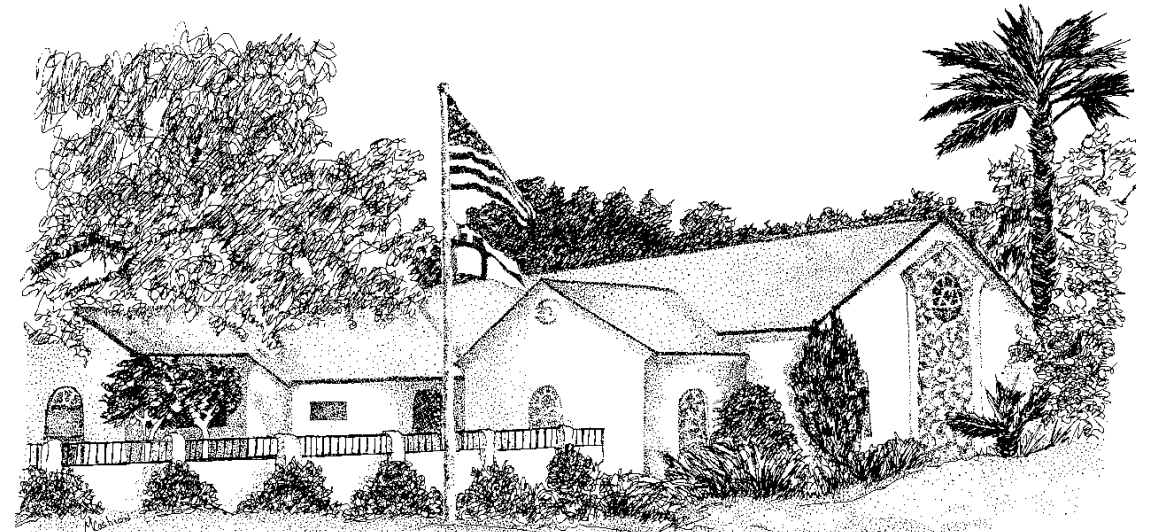
Parish Nurse Hours By Appointment



## St. Alban's Anglican Cathedral

Third Sunday after Trinity

July 2, 2017



*The drawing of St. Alban's Cathedral is the work of Marie Cashion, a member of the parish family.*

#### Welcome!

We are delighted that you have chosen to worship with us at St. Alban's. We are blessed by your presence. In this booklet you will find the order of the liturgy. In worship, we use the American Book of Common Prayer, 1928 Edition which is found in the pews. The hymns listed here and on the hymn board in the front of the church are found in the Red Hymnals in your pew. Our Bible readings are provided in this bulletin and Bibles are in your pew if you prefer to look up the passages.

*Nursery care* is available directly across the courtyard in the middle classroom of our fellowship hall.

### St. Alban's Anglican Cathedral

3348 West State Road 426, Oviedo, Florida 32765

stalbans@stalbansfl.com 407-657-2376 [www.stalbansfl.org](http://www.stalbansfl.org)

Visit us on Facebook at: St. Alban's Anglican Cathedral

PRELUDE

<i>Processional Hymn</i> (Stand)		<i>Hymnal</i> 282
Collect for Purity (Kneel)	Book of Common Prayer (BCP)*	67
Introit		
Summary of the Law		BCP 69
<i>Decalogue</i>	<b>BCP 70</b>	<i>Hymnal</i> 708*
Collect for the Third Sunday after Trinity		BCP 192
Lesson: Isaiah 2:10-17		Ethan Brodrecht
<i>Psalms 89:1-19</i>	<b>BCP 450</b>	<i>Insert</i>
Epistle: Romans 6:3-11		
<i>Gradual Hymn</i> (sing hymn vs. 1, 2 before Gospel, vs. 3 after)		<i>Hymnal</i> 570 <sup>l</sup>
Holy Gospel: St. Matthew 10:34-42		
<b>Nicene Creed</b>		<b>BCP 71</b>
Announcements/Special Blessings		
<i>Sermon Hymn</i> (Stand)		<i>Hymnal</i> 437
Sermon (Sit)	The Very Rev. Ralph F. Waterhouse	
Offertory Sentences (Stand)		
Offertory (Sit)		
	Offertory Music	
<i>Presentation of Alms</i> (Stand)		<i>Hymnal</i> 139
<i>8am: All things come of thee, O Lord, and of thine own have we given thee.</i>		
<b>Biddings:</b> (Kneel) Pray Brethren ... <b>(R) May the Lord receive this</b>		
<b>Sacrifice at thy hands to the praise and glory of His Name,</b>		
<b>both to our benefit and that of all His Holy Church. Amen.</b>		
Prayer for the Church (Kneel)		BCP 74-75
<b>Invitation &amp; Confession</b>		<b>BCP 75</b>
Absolution & Comfortable Words		BCP 76
<i>Sursum Corda, Sanctus &amp; Benedictus</i>	<b>BCP 76-77</b>	<i>Hymnal</i> 734 & 797
Canon of the Mass		BCP 80-81
<i>Lord's Prayer</i>	<b>BCP 82</b>	<i>Hymnal</i> 722
Prayer of Humble Access		<b>BCP 82</b>
<i>Agnus Dei</i>		<i>Hymnal</i> 712
<b>Ecce Agnus Dei:</b> Behold the Lamb of God ...		
<b>(R) Lord, I am not worthy that Thou shouldst come under my roof,</b>		
<b>but speak the word only and my soul shall be healed. (3 times)</b>		

\*Book of Common Prayer can be found in Pew Racks  
Eucharist Booklet Service Music = **B**



**Help Us Prepare Kids in Need for  
Back to School**


**Please drop off donations by July 29th**

We need the following items:



- ✓ **BACK PACKS**
- ✓ **LINED PAPER**
- ✓ **NOTEBOOKS**
- ✓ **HIGHLIGHTERS**
- ✓ **COLORED PENCILS**
- ✓ **RED PENS**
- ✓ **TEEN BOY or GIRL**
- UNDERWEAR**
- ✓ **GIFT CARDS**—Target, Walmart,  
Office Supply Stores

**Questions?**  
Contact Jackie at  
407-366-3422 ext. 3003  
or [events@hopehelps.org](mailto:events@hopehelps.org)  
Visit [www.hopehelps.org](http://www.hopehelps.org)



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812 Eyrie Dr., Oviedo, FL 32765

## Third Sunday after Trinity

### Isaiah 2:10-17

Enter into the rock and hide in the dust from before the terror of the Lord, and from the splendor of his majesty. The haughty looks of man shall be brought low, and the lofty pride of men shall be humbled, and the Lord alone will be exalted in that day. For the Lord of hosts has a day against all that is proud and lofty, against all that is lifted up—and it shall be brought low; against all the cedars of Lebanon, lofty and lifted up; and against all the oaks of Bashan; against all the lofty mountains, and against all the uplifted hills; against every high tower, and against every fortified wall; against all the ships of Tarshish, and against all the beautiful craft. And the haughtiness of man shall be humbled, and the lofty pride of men shall be brought low, and the Lord alone will be exalted in that day.

### Psalms 89:1-19

BCP 450

### Romans 6:3-11

Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? We were buried therefore with him by baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life. For if we have been united with him in a death like his, we shall certainly be united with him in a resurrection like his. We know that our old self was crucified with him in order that the body of sin might be brought to nothing, so that we would no longer be enslaved to sin. For one who has died has been set free from sin. Now if we have died with Christ, we believe that we will also live with him. We know that Christ being raised from the dead will never die again; death no longer has dominion over him. For the death he died he died to sin, once for all, but the life he lives he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

### Matthew 10:34-42

Jesus said, "Do not think that I have come to bring peace to the earth. I have not come to bring peace, but a sword. For I have come to set a man against his father, and a daughter against her mother, and a daughter-in-law against her mother-in-law. And a person's enemies will be those of his own household. Whoever loves father or mother more than me is not worthy of me, and whoever loves son or daughter more than me is not worthy of me. And whoever does not take his cross and follow me is not worthy of me. Whoever finds his life will lose it, and whoever loses his life for my sake will find it. Whoever receives you receives me, and whoever receives me receives him who sent me. The one who receives a prophet because he is a prophet will receive a prophet's reward, and the one who receives a righteous person because he is a righteous person will receive a righteous person's reward. And whoever gives one of these little ones even a cup of cold water because he is a disciple, truly, I say to you, he will by no means lose his reward."

## Communion Music

Communion of the Faithful (Kneel)

*Communion Hymn* (Kneel)

Prayer of Thanksgiving

*Gloria in excelsis* (Stand)

Dismissal and Blessing (Kneel)

*Recessional Hymn* (Stand)

*Hymnal* 418

BCP 83

*Hymnal* 713

BCP 84

*Hymnal* 289

BCP 84

## POSTLUDE

*Please join us for coffee and conversation in Grundorf Fellowship Hall (across the courtyard) after Mass.*

## PRAYER LIST

**PARISHIONERS**—Pat and the Harshbarger family, Joyce M., Randolph and Norma G., the Helwig family, Eric and Martha S., Sidonie, June H., Sandy and Don F., Ginny M., Ed and Norma, Sue S., Joan W., Marcia G., Sarah E. and child, Ivy B., Geraldine, Cathy, Scott R., Dorrett, Vivienne H., Vicki, James L., Gretchen, Sabrina D., Una, Don K., Debbie A., Ray S., Jordan S., Dutchie, Larry and Mary S., Andene, Libby, Linda T., Linda P., Stephanie, Bert, Nancy, Hunt, Eva B., Paul, Jackie and Carlton, Jessie P., Mary Ann, Joseph, Marie W., Lance, Terry, Fr. Boyd, Gary G., Kathleen, Marilyn, Char, Anna, Marie C., Doris W., Karen, Barbara G., Olga, Virginia S., Ben, Jennie, Bill H., Robert, Doris B., Robbie, Richard, Dione, Vilma and George S., Sybil, Dale, McKenzie, Caroline, Savannah, Jordan.

**FAMILY, FRIENDS & OTHERS**—*Jennifer P.*, Denise and David B., Jill and Peter, Rick, Sarah, Jenny and child, Anthony M., Caroline, Kathy, Catherine, Joshua, Tyler, Daniel M., Sonia R., Michael, Barbara, Kathy, Jill and Peter, Mary, Carlene, George and Sheila, Linda, Michael, Evelyn, Neil, Mindi Mari, Mari Allyssa, Walter, Daymel, Kelly and child, Jess and child, Bailey an child, Mike, Barbara C., John, Don D., Omar, Rohan, Gil, Cecilia, Glynis, Elizabeth S., Charles S., John, Danielle, Christopher, Anna, Angela, Kef, John, Jennifer, Steve and Gina, Peter and Ellie, Susan, Janet.

**TRAVEL**—Marie G., Jordan, Aaron and Barbara, Rick and Ginny, Keith and Joyce, Tom and Cathy, Terry and Nancy, the Saunders family, Susan K.

**ARMED FORCES**—All those serving our country and especially those serving overseas: Michael and family in Korea; Sara, Sandra, and Scott in Afghanistan.

New additions this week in *italics*; Hospital/Rehabilitation Facility in **bold**.

**PRAYER LIST REQUESTS**—Please **renew** any continuing prayer requests for family and friends by the **first week of each month**. Requests not renewed on prayer lists will be removed.

## ANNOUNCEMENTS

**THE ALTAR FLOWERS** are given to the glory of God; in thanksgiving for the birthday of her daughter, Teresa Burks, by Dottie Parker; and in thanksgiving for all those in the military who have fought and continue to fight to keep our country free.

**WELCOME VISITORS**—We welcome all our visitors this morning. For those attending for the first time, please fill out a Visitors Welcome Card that you will find in the pew rack and place it in the alms basin so we can let you know how much we appreciate your visit. Please feel free to join us for refreshments in Grundorf Hall (across the courtyard) after the services.

**CONGRATULATIONS** to the Rev. Mr. Alton Witham on his retirement this month! Fr. Al was ordained a Deacon on November 20, 1988, and we have had the pleasure of having Fr. Al serve here at St. Alban's since July of 1998. Fr. Al and Dee aren't going anywhere; Dee will just finally get to have Fr. Al sit with her during Mass. St. Brigid's Guild is planning a time for all of us to get together and thank Fr. Al and Dee for their devotion to the Church and St. Alban's congregation. Please watch future bulletins for details.

**WELCOME NEW MEMBERS:** T.J. and Sarah Edwards; Daniel, Coley and Jemima Klaers.

**ADULT FORUM**—Adult Forum continues **today** in **Kimsey Hall Parish House**. We begin at **9:15 am sharp**. Fr. Ralph is teaching a series on the seven deadly sins and their seven remedial counterparts, virtues.

**INDEPENDENCE DAY MASS** will be offered at **Noon on Tuesday, July 4th**. The office will be closed Monday and Tuesday, July 3rd and 4th.

**KIDS OF HOPE BACK TO SCHOOL BASH**—It seems like Summer just started but school will resume before we know it. To give folks plenty of time to hit school supply sales, the Kids of HOPE Back to School Bash is starting their school supply drive now. *Each donation organization is asked to focus on a particular group of items to have sufficient quantities. The items needed from St. Alban's are list on page 7 of the bulletin for easy cut out and reference.* Of course other school items are welcome, just please *only new* items. A large red drop-off box is in the hallway of the Kimsey Hall Parish House. We will be collecting items **until July 23rd**.

**VOLUNTEER OPPORTUNITIES**—This year's HOPE Helps Back to School Bash will be August 5th. There will be many volunteer opportunities throughout the week prior to sort supplies, put size labels on clothing, and to help set up the event. Volunteer opportunities are posted on the [www.hopehelps.org](http://www.hopehelps.org) website.

**HEALTHCARE SCHOLARSHIP**—The Healthcare Scholarship is available again. If you, a family member or a friend has been accepted into a healthcare education program, you may be eligible for one of our Shirley Hines Memorial Scholarships. Go to the St. Alban's website ([www.stalbansfl.com](http://www.stalbansfl.com)) and download the application and the directions for the scholarship. Start early in order to be sure you get all the required pieces in by the **deadline of July 29th**.

**PRAYER FOR OUR COUNTRY**—(*From BCP p. 36*) ALMIGHTY God, who hast given us this good land for our heritage; We humbly beseech thee that we may always prove ourselves a people mindful of thy favour and glad to do thy will. Bless our land with honourable industry, sound learning, and pure manners. Save us from violence, discord, and confusion; from pride and arrogancy, and from every evil way. Defend our liberties, and fashion into one united people the multitudes brought hither out of many kindreds and tongues. Endue with the spirit of wisdom those to whom in thy Name we entrust the authority of government, that there may be justice and peace at home, and that, through obedience to thy law, we may show forth thy praise among the nations of the earth. In the time of prosperity, fill our hearts with thankfulness, and in the day of trouble, suffer not our trust in thee to fail; all which we ask through Jesus Christ our Lord. *Amen.*

**THANK YOU**—A big thanks to all those who volunteered at **Grace 'N Grits** preparing and serving dinner to the homeless at the Sanford Civic Center this past Wednesday. Your service was greatly appreciated.

**CATHCING UP**—While many of our parish family members travel during the summer months, our expenses at the Cathedral remain consistent throughout the year. Please accept this gentle reminder to catch up with your pledge if you missed some offerings while you were away.

**MEMORIAL GARDEN POLICIES**—Due to spacing issues, limited garden help, and a desire to keep our garden as nice as possible, please be mindful of the following Memorial Garden Policies: Permitted items: Live cut flowers are permitted at all times. Temporary containers are available. Potted poinsettias and small live wreaths are permitted during the Christmas season. Small statues are allowed, however, if broken due to weather or accident they will be removed. Items not permitted: Artificial flowers of any type; in-ground plantings around gravestones; vigil lights, solar decorations, glass objects and commemorative items; holiday decorations (with the exception of the American flag). Permanent flower containers are not permitted around graves. All floral items will be removed when they become unsightly or create a pest issue. Thank you for your cooperation when honoring your loved ones.